

It is my pleasure to welcome you to the second issue of the **Philippine Journal of Orthopaedics** (PJO) for 2026!

As we continue to grow and move forward, this Journal remains an important part of our shared mission to advance orthopaedic care in the Philippines. As the official publication of the Philippine Orthopaedic Association (POA), it provides a platform for Filipino orthopaedic surgeons, researchers, residents, and allied specialists to share knowledge, research, clinical experiences, and new ideas that can make a real difference in patient care.

From trauma and degenerative conditions to pediatric and musculoskeletal oncology, the challenges we face in orthopaedics continue to evolve. With ongoing advances in surgical techniques, biomaterials, rehabilitation, and evidence-based practice, it is more important than ever to stay informed, exchange ideas, and learn from one another.

Through its open-access and peer-reviewed publications, the PJO helps bring valuable research and practical insights to the wider orthopaedic community. I encourage our members, colleagues, and fellow healthcare professionals to continue contributing quality research, sharing their experiences, and making the most of the knowledge published in these pages.

To our authors, readers, reviewers, and editorial team, thank you for your continued commitment and support. Your contributions keep this Journal moving forward. Let us continue working together to build a stronger culture of research, collaboration, and innovation—one that ultimately translates into better orthopaedic care and improved outcomes for our patients throughout the country.

Mabuhay ang Philippine Orthopaedic Association! *Mabuhay ang* Philippine Journal of Orthopaedics!

Marcelino T. Cadag, MD, FPOA
President, Philippine Orthopaedic Association, Inc.

PHILIPPINE ORTHOPAEDIC ASSOCIATION, INC. (POA)
BOARD OF TRUSTEES 2026

Marcelino T. Cadag, MD
President

Peter S. Quiaoit, MD
Vice President

John Andrew Michael A. Bengzon, MD
Corporate Secretary

Anne Kathleen Ganal-Antonio, MD
Treasurer

Alvin A. Amador, MD
Michael DR Muñoz, MD
Richard John C. Pecson, MD
Juan Antonio Maximiano R. Escano, MD
Marie Jeanne L. Bertol, MD
Romina V. Mendoza-Torres, MD
John Hubert C. Pua, MD
Justinian Aquilino IV Cyril LI. Pimentel, MD
(Ex-Officio)
Trustees